

Abstract

The present invention relates to a preparation suitable for the prevention and/or treatment of vascular disorders, comprising the following fractions:

5 fraction a) consisting of long chain polyunsaturated fatty acids;

fraction b) consisting of phospholipids, which fraction contains at least two different phospholipids selected from the group consisting of phosphatidylserine, phosphatidylinositol, phosphatidylcholine and phosphatidylethanolamine.

10 fraction c) consisting of compounds which are a factor in methionine metabolism, which fraction contains at least one member selected from the group consisting of folic acid, vitamin B12, vitamin B6, magnesium and zinc.

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